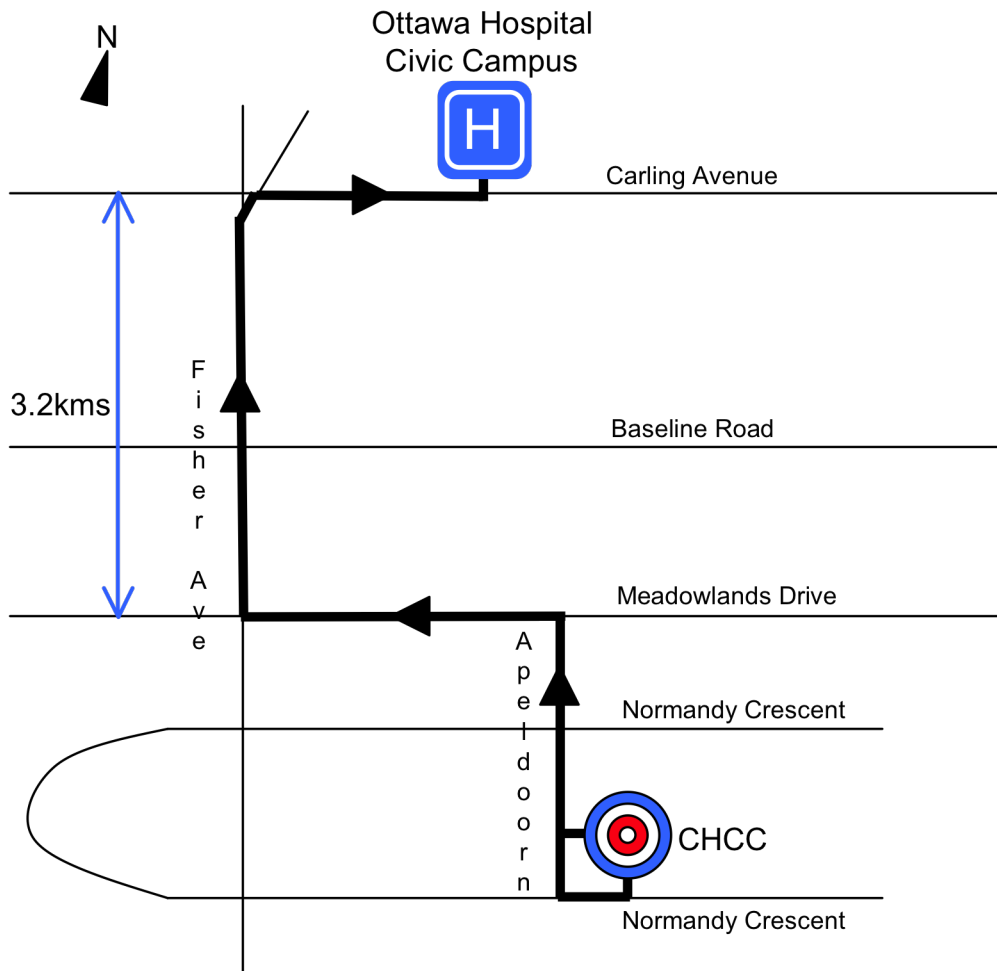


## EMERGENCY ACTION PLAN

### CARLETON HEIGHTS CURLING CLUB (CHCC)

CHCC Emergency Phone No.	911
- Police	613-230-6111
- Fire	613-580-2860
- Ambulance	613-739-1918
CHCC Facility Phone No.	613-224-6224
Facility Manager	Don Richardson
Facility Manager Home No.	613-823-9828
CHCC Address	1436 Normandy Crescent, Ottawa
Directions to club – see also map below	<p><u>From East</u>, Baseline Road to Fisher. South (left) onto Fisher to Meadowlands. East (left) onto Meadowlands to Apeldoorn. South (right) onto Apeldoorn to Community centre on left. Curling Club located behind Community Centre.</p> <p><u>From South</u>: Prince of Wales (hwy #16) to Normandy Cres. West (left) onto Normandy Cres. After 100 meters, proceed straight into parking lot. Curling Club is single storey grey brick building with blue trim and glass front door.</p>
Club Emergency Facilities	<ul style="list-style-type: none"><li>- Public Phone (non-pay phone) located in cloak room immediately beside front entrance</li><li>- First Aid Kits<ul style="list-style-type: none"><li>o White metal kit at entrance to Ice Area</li><li>o White metal kit in Kitchen</li></ul></li><li>- Defibrillator (AED) on wall just outside of Ice Area</li><li>- All Bar staff trained in First Aid and use of Defibrillator</li><li>- Portable wheelchair ramp available at front door</li><li>- Emergency Exits<ul style="list-style-type: none"><li>o Far end of Ice Area</li><li>o One at head of stairway to each gender change room</li><li>o Front Door</li></ul></li><li>- Exterior meeting place – Carleton Heights Community Centre adjacent to curling club</li></ul>

Address of Nearest Hospital	Ottawa (Civic) Hospital 1053 Carling Avenue
Directions to Nearest Hospital	<p>If exiting CHCC parking lot onto Apeldoorn:</p> <ul style="list-style-type: none"> <li>- Turn Right (North) onto Apeldoorn</li> <li>- Turn Left (West) onto Meadowlands Drive</li> <li>- Turn Right (North) onto Fisher Avenue</li> <li>- Proceed 3.2 kms to Carling Avenue</li> <li>- Turn Right (East) onto Carling Avenue</li> <li>- Turn Left into Ottawa Hospital (Civic Campus) just past Parkdale Avenue</li> </ul> <p>If exiting CHCC parking lot onto Normandy Cres:</p> <ul style="list-style-type: none"> <li>- Turn Right (West) onto Normandy Crescent</li> <li>- Turn Right (North) onto Apeldoorn</li> <li>- Proceed as above to Meadowlands Drive</li> </ul>



**Not to scale**